

The Franciscan Hermitage



Messenger



Summer/Fall 2022

Dear Friends of the Hermitage:

When yellow daffodils and red-bud trees bloom, you know that spring is here. It is time for new life. Everyone leaves their home to bask in the warm sun, to hear the chirping birds, and to feel the joy of love. - This is what the celebration of Spring is all about. It is a time when we see Mother Nature in all her glory and our hearts smile!

We are part of this magnificent burst of life, a time when we celebrate Divine Love in us and among us. It is a time when we can reaffirm our connection to the cosmos and renew our resolve to radiate love, peace, joy, and happiness to all we meet.

Yesterday I received an email about "Shoulder Taps" from God. Bill Hart was having dinner with his wife when an elderly lady came into the restaurant and sat at a table by herself. She was beautifully dressed and within five minutes others arrived (children and grandchildren). Bill was attracted to this woman and heard a voice inside say: "You must go and tell this lady how pretty she looks." - After paying the bill and walking to the door with his wife, Bill went to this lovely woman, got down on one knee so that he could be at her level and speak to her face-to-face. He simply said: "If no one has told you today, I want you to hear from me how lovely you are." Her response was: "I know you." Bill said: "No, we have never met." In reply she said: "I know your spirit." Then she added: "A year ago today my husband died. That is the kind of thing he would say to me." - Tears came to Bill's eyes, he could not speak, and so he hugged her and left. That was a moment of blessing for this lovely lady *and* for Bill.

The lesson from this story is this: When God taps you on the shoulder to do something, pay attention! You can create a time of blessing for others and for yourself. - This is what new life looks like in each of our lives. - Would you believe, this morning on TV, I saw an advertisement for a book titled: "Nana loves you more" by Jimmy Fallon. It is based on his experience of leaving his grandmother and saying: "I love you Nana" and her response was always: "Nana loves you more."

Here at the Hermitage, we express love to one another in so many ways: hugs, the words "I love you," a freshly baked quiche, a stem cell patch, a monetary gift, an honest compliment, sharing joy and sorrow, focused listening, a personal prayer, and more.

At this special time of the year, we want to invite you to join our mission of passing on Love every day to everyone you meet. This is what human beings do! This is what human beings are!

I love you all!





New Life

Tiny flowers in the grass,
 Bursting yellow bushes,
 Chirping birds and stately deer,
 As well as warming breezes.

All are shouting Nature's message:
 New life's on its way
 Pay attention! Smell the green
 Easter's here again!

Let your skin absorb the sun,
 Breathe in fresh new air!
 Feel Cosmic, Spiritual Love
 That is everlasting!

You are powerful spiritual life
 Shining ever after.
 You are light and so am I
 Let us bathe in laughter!

Radiating Love all day,
 That's our only task
 That is where we find fulfillment
 That's where joy abounds.

Smile or wave to everyone
 No matter where the place.
 Spreading Love is who you are
 Nothing else makes sense!

Look ahead to where you are going.
 Spirit is leading you home.
 Away from the world of things and "stuff"
 Into a new world of Love!

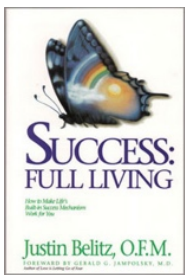
As we head to the summer months,
 Plants will bear much fruit.
 So it is with you in Spirit,
 Radiate your Love!

Happy spring and summer!
 Love,

Justin

The Hermitage Online

Online Success: Full Living Workshop Available Now!



The signature Hermitage course is now available for those who want to experience it in their own environments, at their own pace.

\$75 for lifetime use. For details:
<https://hermitageindy.org/programs/success-full-living/>

Success: Full Living eBook on Amazon: \$3.99

Now you can read on your e-reader!

Remaining Hermitage Calendar 2022

Date	Program
May 21	Indy—Art of Listening
June 25	Indy—Living the Prayer of Quiet
July 16 -17	Indy – Silva Life System
Aug. 19-21	Indy – Silva Intuition System
Sept. 17	Indy – Living the Prayer of Quiet
Oct.15-16	Indy – Success: Full Living
Nov. 12-13	Indy – Success: Full Relating
Dec. 10	Indy – Art of Listening
Jan. 2023	Indy – Silva Life System

Scheduled Programs and Classes at the Hermitage

HU

(A Love Song to God – Meditation Prayer).

The 2nd Tuesday of the month

2022: Jul. 12, Aug. 9, Sept. 13, Oct. 11, Nov. 8,
Dec. 13 6:30-7:15 p.m.

HU is a Love Song to God as a meditation. "It has helped people of many different faiths experience for themselves the presence of God."

Facilitator: Allen Jackson Everyone is welcome.

ENERGY CIRCLE

(Meditation Support Group)

Every Wednesday night 7:00-8:00 p.m.

We share Success Stories and a group meditation. In the center of the room, we have an Energy Box where we collect written intentions for healing, finding jobs, finding life partners, and achieving goals of every kind. The Box becomes the focal point for our meditation at the Hermitage as well as our private meditations during the week. If you would like your need, or that of a loved one, placed in the Box for healing or any other intention, please call LuLu at: 317-545-0742 or email to lulugk@att.net. All welcome. Donations Appreciated
Hosted by: Kevin Langford and Other Silva Facilitators

ZOOM INTERNATIONAL ENERGY CIRCLE

(Online International Meditation Support Group)

Every Tuesday Night 7:00 – 8:00 p.m.

For those who are unable to join us 'live' for Energy Circle on Wednesday night, we now have a Zoom International Energy Circle every Tuesday night. If you would like to join the group, please email LuLu at lulugk@att.net (No charge. Donations welcome.)
Hosted by: Al Potenza and Other Silva Facilitators

SILVA LIFE SYSTEM

(In-depth 2-day Meditation Workshop)

Sat. & Sun., July 16 - 17 9:00 a.m. – 6:00 p.m.

The Silva method teaches skills of physical and mental relaxation, coupled with visualization. "People all over the world have learned how to live healthier, happier, and more productive lives after taking the Silva Workshop."

Cost: \$475. Prepaid: \$375 if paid by July 8 in full or with a \$100 deposit; remaining balance due morning of class.

Graduates must register. Suggested donation: \$40

Facilitator: Friar Justin Belitz



Silva Graduates, Winter 2022

SILVA INTUITION SYSTEM

(A Graduate Workshop)

Friday, Aug. 19 – 7:00 - 9:00 p.m.

Sat. & Sun., Aug. 20-21, 9:00 a.m. - 6:00 p.m.

The Silva Intuition System will help you use the God Presence within to consciously connect with all of creation: inanimate matter, plant life, animal life, and human life. **This is a Graduate Program.** You must have taken the Silva Life System class before this one.

Cost: \$475. Prepaid: \$375 if paid by Aug.12 in full or with a \$100 deposit; remaining balance due morning of class.

Graduates must register. Suggested donation: \$40

Facilitator: Friar Justin Belitz

LIVING THE PRAYER OF QUIET

(1-Day Retreat at the Hermitage)

Sat., Sept.17 9:00 a.m. - 6:00 p.m. (Also June 25)

This workshop offers the theory and practice of Contemplative Prayer, or Passive Meditation. Once you realize that you are One with Divine, Cosmic, Unconditional Love Energy, you also realize that you are a Powerful Spiritual Being with unlimited resources. Come learn to "Be." Come learn "I am."

Cost: \$125. Prepaid: \$100: A \$35 deposit paid by Sept. 12 will reserve your seat; balance due morning of class. Suggested donation for graduates: \$35.

You will need to bring your lunch.

Facilitator: Friar Justin Belitz

SUCCESS: FULL LIVING

(2-Day Workshop)

Sat. & Sun., Oct. 15-16 9:00 a.m. – 6:00 p.m.

You have a Life Mechanism that can lead you to a satisfying life. By developing a positive attitude and setting goals in 7 major areas of your life, you can create the FULL LIFE we are all meant to experience. It is up to you to *choose* a satisfying life!

Cost: \$150. Prepaid: \$100: A deposit of \$50 paid by Oct. 10 will reserve your seat; balance due morning of class. Suggested donation for graduates: \$35.

Facilitator: Friar Justin Belitz

SUCCESS: FULL RELATING

(2-Day Workshop)

Sat. & Sun., Nov. 12-13 9:00 a.m. – 6:00 p.m.

This is a Workshop to help you understand how you relate – to yourself, to others, to things, to life experience, to God, etc. The program explains seven principles you can use to develop wholesome and satisfying relationships. **Includes Student Manual.**

Cost: \$150. Prepaid: \$100: A \$50 deposit paid by Nov. 7 will reserve your seat; balance due morning of class. Suggested donation for graduates: \$35.

Instructor: Friar Justin Belitz

Comments on Hermitage Programs

I have been blessed since 1982 when God led me to Fr. Justin. Not only did he save my physical life, little did I know he set the direction my life was going to go. His teachings in my Silva Course in May 1982 have left a profound blessing in my life. We need more Fr. Justin's in our world. There would be more love and peace in our chaotic world. I pray blessings over Fr. Justin, the Hermitage, and his beautiful teachings. Thank you!

– Participant, Success: Full Living, March 2022

Father Justin, your gift of reaching the heart of everyone is amazing. But the practicality of your message is so appreciated. The Love you radiate and simplicity of your messages make them SO valuable!

- Online Sunday Homily Reader

ART OF LISTENING

(A 1-day Workshop: To Listen Is to Love.)

Sat., Dec. 10 9:00 a.m. – 6:00 p.m. (Also May 21)

Most people do not listen with the intent to understand; they listen with the intent to reply. In this workshop you will discover how to use listening skills that can change your life forever! Includes book and student manual.

Cost: \$125. Prepaid: \$100: A \$35 deposit paid by Dec. 6 will reserve your seat; balance due morning of class. Suggested donation for graduates: \$35.

Facilitator: Friar Justin Belitz

SPECIAL NOTES:

*Additional discounts for family members, seniors, and students. Information on this: Lulu@hermitageindy.org

*Fr. Justin offers a short Mass on the Saturday Evenings following each Workshop for those who wish to attend.

For more information regarding our programs and a list of our books, CDs and MP3s, please visit our website: www.HermitageIndy.org

Hermitage Board of Directors and Volunteers

Greg Vargo, Chair

Dan Ashcraft, Vice Chair

Nancy Chism, Secretary

Evaluations, Communication,
Liturgy and Retreats Associate

Angela Mansfield, Treasurer

Friar Justin Belitz, OFM, MA.

Founding Director and Program
Development

Jay Black, Member at Large

LuLu Kinnett, Member at Large

Assoc. Director, Financial Officer

Hermitage Associates

Alison Kirkwood - Perth, Australia

Sheelagh Dixon - Australia

Alfred Eaker - Facebook

Kathy Peters - Indianapolis

Certified Silva Instructor

Al Potenza - Online Energy Circle

Kevin Langford – Weds. Energy Circle

LuLu Fedorus - Omaha Energy Circle

Pat Kerlin Katy, TX - SFL Lecturer

Marietta Kovacs – Geneva,
Switzerland - SFL Lecturer

Jeremiah Little - IT Website

Triesa Hodgson - Office Support

Frederick Beyne: Homily Associate

Margy Beyne: Homily Associate

John O'Keefe: Liturgy Music

Deb Hobbs – Liturgy Music

Website: www.HermitageIndy.org

Email: Lulu@HermitageIndy.org

Thank you for your support! Please continue to support the Hermitage with your prayers and donations:
<https://hermitageindy.org/product/donation/> We rely on YOU!